

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Eggs Cooked to Order Crispy Bacon Assorted Toast, Bagels, and English Muffins Juice: Orange, Apple Fruit of the day Assorted cold and hot cereals Choice of Hot Beverage	Eggs Cooked to Order Crispy Bacon Assorted Toast, Bagels, and English Muffins Juice: Orange, Apple Fruit of the day Assorted cold and hot cereals Choice of Hot Beverage	Eggs Cooked to Order Crispy Bacon Assorted Toast, Bagels, and English Muffins Juice: Orange, Apple Fruit of the day Assorted cold and hot cereals Choice of Hot Beverage	Eggs Cooked to Order Crispy Bacon Assorted Toast, Bagels, and English Muffins Juice: Orange, Apple Fruit of the day Assorted cold and hot cereals Choice of Hot Beverage	Eggs Cooked to Order Crispy Bacon Assorted Toast, Bagels, and English Muffins Juice: Orange, Apple Fruit of the day Assorted cold and hot cereals Choice of Hot Beverage	Eggs Cooked to Order Crispy Bacon Assorted Toast, Bagels, and English Muffins Juice: Orange, Apple Fruit of the day Assorted cold and hot cereals Choice of Hot Beverage	Eggs Cooked to Order Crispy Bacon Assorted Toast, Bagels, and English Muffins Juice: Orange, Apple Fruit of the day Assorted cold and hot cereals Choice of Hot Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Virginia Ham with Pineapple Glaze Sweet Potatoes Peas and Onions Beverage of Choice	Impossible Cheeseburger Pie Zucchini and Tomatoes Jell-O with Fresh Fruit Beverage of Choice	Oven Baked Ham Casserole Mixed Vegetables Biscuits Frozen Yogurt Beverage of Choice	Spaghetti with Italian Meatballs Baked Garlic Toast Fresh Garden Salad Beverage of Choice	Roasted Chicken with Stuffing Mashed Potatoes and Gravy Cranberry Sauce Beverage of Choice	Beef Stroganoff Egg Noodles Mixed Garden Vegetables Biscuits Beverage of Choice	Cheesy Vegetable Lasagna Garlic Toast Fresh Fruit Beverage of Choice
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Grilled Cheese Sandwich Tomato Soup Cottage Cheese with Pineapple Dessert Beverage of Choice	Ham Salad with Croissant Four Bean Salad Dessert Beverage of Choice	Turkey and Swiss Sandwiches Lettuce, Tomato, Pickles Chips Dessert Beverage of Choice	Crispy Tacos with Lettuce, Tomatoes & Cheese Refried Beans Corn Bread Dessert Beverage of Choice	Beef Chow Mein with Noodles Egg Roll Dessert Beverage of Choice	Homemade Chicken Pot Pie Corn Bread Fresh Fruit Dessert Beverage of Choice	Homemade Chicken and Rice Soup Crackers Fruit Beverage of Choice

Daily snacks: Cheese, Crackers with Peanut Butter, Yogurt, Cottage Cheese, Baked Cookies, Chips, etc.

Bread Choices: Fresh Baked Garlic Bread, Dinner Rolls, Warm Corn Bread, Crisp French Bread, Croissants, Biscuits, etc.

Dessert Choices: Baked Cake, Cookies, Ice Cream, Pudding, Fresh Pie, Fruit Cobbler, Brownies, Jell-O, etc.

Fruits: Apples, Bananas, Oranges, Peaches, Pears, Cantaloupe, Watermelon, Grapes, Honeydew Melon, etc.

Vegetables: Broccoli, Cauliflower, Green Beans, Asparagus, Potatoes, Peas, Carrots, Brussels Sprouts, etc.